NAME:_____DATE:_____

Height:_____ft_____in Weight: *(approximate)*_____lbs Do you smoke: O No O Yes_____ppd

Are you: O Single O Married O Divorced O Widowed O Other_____

Do you require assistance with Activities of Daily Living? O No O Yes, please check which ones:

ADL	No Help	Some Help	Unable	ADL	No Help	Some Help	Unable
Getting in/out of bed	O	O	O	Putting shoes/socks on	O	O	O
Using the toilet	O	O	O	Bathing/Showering	O	O	O
Dressing upper body	O	O	O	Going up/down stairs	O	O	O
Dressing lower body	O	O	O	Getting in/out of car	O	O	O

Are you: O working full-time O working part time O student O retired

Have you had any surgeries in your lifetime? O No O Yes. If yes, *Please list (with approx. date of procedure)*

_____

_____

Do you currently take any medication, including over the counter? O None O Yes *Please list them with dosage*

1._____ 5._____

2._____ 6._____

3._____ 7._____

4._____ 8._____

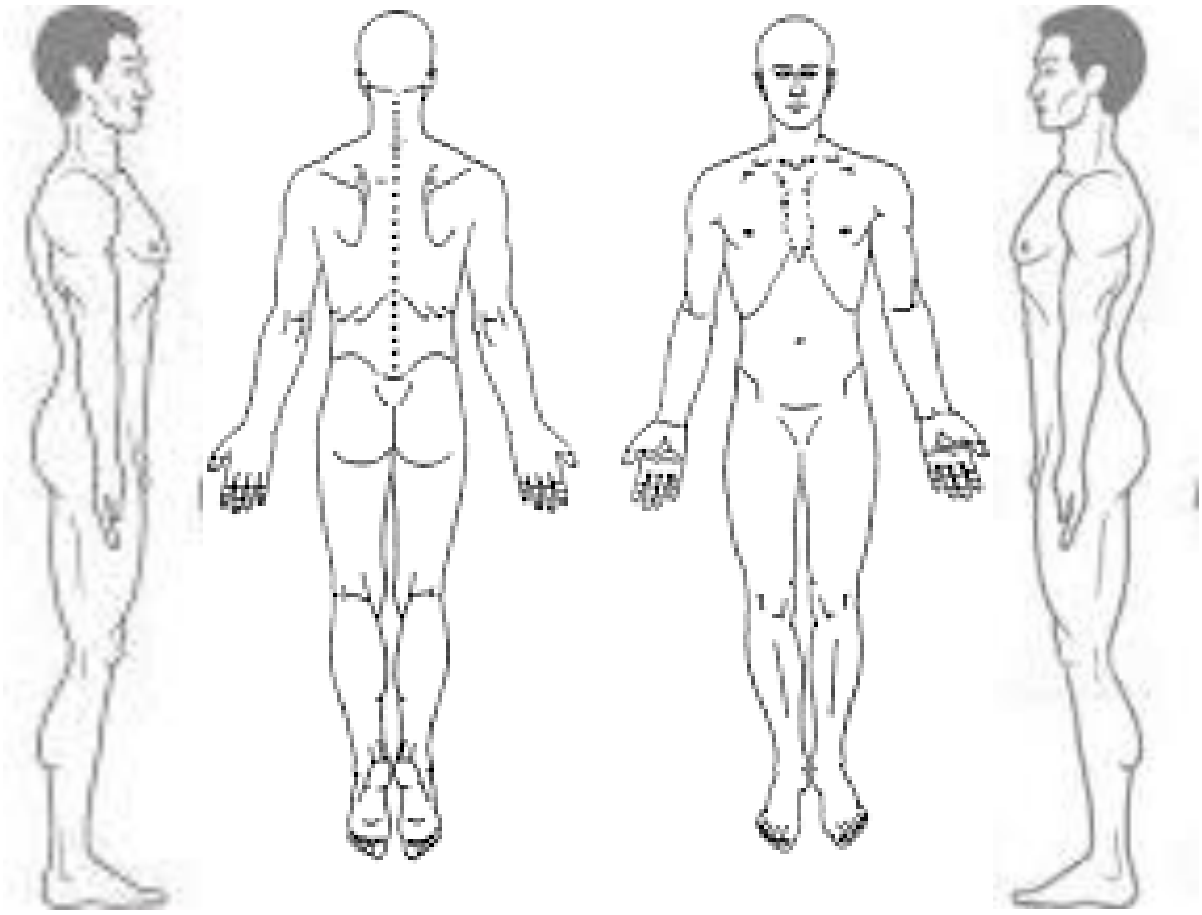
If extra space is needed, please continue on the back.

Place mark any past or present medical condition.

CONDITION	Present	Past	No	CONDITION	Present	Past	No
Anxiety	O	O	O	High Blood Pressure	O	O	O
Arthritis	O	O	O	HIV / AIDS	O	O	O
Asthma	O	O	O	Hyperthyroidism	O	O	O
Bladder/Urinary Disorder	O	O	O	Hypothyroidism	O	O	O
Cancer	O	O	O	Liver Disease	O	O	O
Chemical or Alcohol Dependency	O	O	O	Lung disease/ emphysema	O	O	O
Chronic Pain	O	O	O	Osteoporosis / Osteopenia	O	O	O
Congestive Heart Failure	O	O	O	Peptic Ulcers / Reflux disease	O	O	O
Heart Disease or Heart Attack	O	O	O	Renal or Kidney Disease	O	O	O
Depression	O	O	O	Seizure Disorder	O	O	O
Diabetes	O	O	O	Stroke	O	O	O
Headaches or Migraines	O	O	O	Tuberculosis	O	O	O
Hepatitis	O	O	O	Vertigo	O	O	O

NAME: _____ **DATE:** _____

Please indicate below where your symptoms are located. Describe your symptoms beside the body diagram: **A = Aching** **B = Burning** **C = Cramping** **N = Numbing** **S= Shooting** **T = Tingling**



If you described symptoms in more than one area, please list them in order of severity:

1. _____

2. _____

3. _____

Please list UP TO 3 goals <u>you hope</u> to achieve as a result of your Therapy Program:

1. _____

2. _____

3. _____